

Christmas Gift suggestions from Trinity Disaster Preparedness/Health Ministries



<p>Solar powered or hand crank radio/light w/USB port (Ready Hour -\$34.95 Amazon)</p> 	<p>Flashlight and extra batteries (3 LED headlamps w/batteries - \$19.99 Costco)</p> 
<p>Whistle to signal for help</p>  <p>Metal : About \$10.00 Plastic: About \$1.50</p> 	<p>Solar charger for cell phones & computers- (about \$15.99)</p> 
<p>Water treatment - Sawyer Mini-Filtration System (Amazon \$24.00)</p> 	<p>Carabiners (5 for about \$4.00)</p> 
<p>Manual can opener (Dollar Tree \$1.00)</p>	<p>PrimaCare Mylar Rescue (Pack of 10 is \$10.71)</p>  <p>Blankets Amazon)</p>
<p>Sanitary wipes (Pack of 50 Office Depot \$5.99)</p> 	<p>Plastic reusable cutlery (Vitacost set of 24: 3 each \$5.65)</p> 
<p>Survival Matches with Case (15 in case - \$2.99 Target)</p> 	<p>Protein and/or granola bars: many choices at local grocery stores</p> <p>"Kind" \$7.79/6</p> 

First Aid Kit
163 Pieces First Aid Kit
Waterproof
(Amazon \$13.45)



Tylenol/Advil
Travel Packages

